






# The Extension Ladies Invite you to Grow and Grub!

Please join us for our Monthly Lunch and Learn Extension program offered during your lunch hour. Come to Room 116A of the Cotton Belt Building. Bring your lunch and have fun getting to know the extension crew and learn possibly something new. Gardening, healthy meals, prepping, and overall wellness. Different topics each day and will not be the same as May's classes. So please come and bring your co-worker!!!! Heck! Bring your Boss too!!!!



**June 9 and June 30, 2021**  
**Choose your time to come:**  
**11:00 - 12:00**  
**12:00 - 1:00**

Please RSVP to  
Robbie Williamson:  
903-590-2980



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