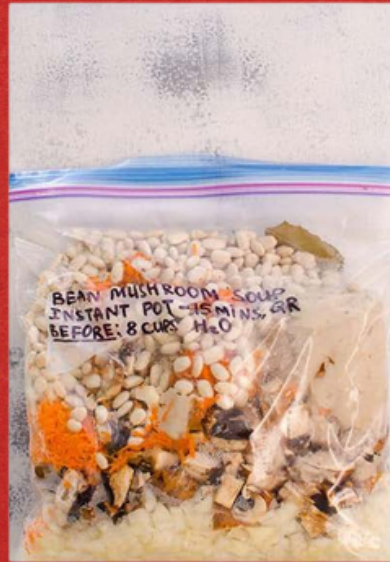


# Lunch & Learn

## FREEZER PLEASER LUNCHES

LEARN HOW TO MEAL PREP & SAVE TIME & MEALS FOR LATER



CLAUDANN JONES  
FAMILY & COMMUNITY HEALTH AGENT

**\$5.00 PER PERSON**

JANUARY 18, 2023--12 NOON  
1517 W. FRONT ST., SUITE 116A  
TYLER, TX. 75702

**PARTICIPANTS WILL SAMPLE VARIOUS FREEZER MEALS**

PRE-REGISTRATION REQUIRED. CALL 903.590.2980 OR EMAIL:  
[ROBBIE.WILLIAMSON@AG.TAMU.EDU](mailto:ROBBIE.WILLIAMSON@AG.TAMU.EDU) BY THE JAN. 13TH DEADLINE.

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