

# SEPTEMBER LUNCH & LEARN

SEPTEMBER 20, 2023  
NOON-1:00 PM

JOIN DARLA DANIEL  
O'DWYER, PHD, RD

## "ALL THINGS GUT"

DARLA IS THE FOOD, NUTRITION & DIETETIC  
PROGRAM COORDINATOR, DIETETIC INTERNSHIP  
DIRECTOR FOR THE SCHOOL OF HUMAN SCIENCES  
[AT] SFA



- -DEFINE THE GUT MICROBIOME
- -UNDERSTAND HOW THE GUT MICROBIOME IS ASSOCIATED WITH HEALTH OR DISEASE
- -IDENTIFY DIETARY AND LIFESTYLE HABITS THAT SUPPORT A HEALTHY GUT MICROBIOME



COTTON BELT BUILDING  
1517 W. FRONT STREET, SUITE 116A  
TYLER, TX 75702

PRE-REGISTRATION REQUIRED  
CALL 903.590.2980 OR EMAIL:  
ROBBIE.WILLIAMSON[AT]AG.TAMU.EDU  
DEADLINE IS MONDAY, SEPT. 18TH.

CLAUDANN JONES  
SC FAMILY & COMMUNITY  
HEALTH AGENT

TEXAS A&M  
AGRI LIFE  
EXTENSION  
Family and Community Health



Per Person